

Please Join Us

VIRTUAL SUPPORT GROUP GROUP FOR MEN

NOW ONLINE VIA ZOOM



Men's Virtual Support Group at DCRC

All men are invited to join us virtually via Zoom for the DCRC Men's Group. This is a peer-to-peer support group where men receive support and share their experiences. All meetings are confidential which allows participants to safely express their experiences and feelings. Participants learn about positive growth and increase their self-esteem through supporting each other. Topics discussed include living with disabilities and building self-confidence.

We use an inclusive definition of "man" and "male." We welcome trans men, genderqueer men and nonbinary people who are significantly male-identified.

To join, please email Richard at richard@dcrc.co or contact us at (310) 390-3611 and ask for Richard at extension 257.

Join Us:

Mondays
10:00 am- 11:00 am
Online via Zoom

You can download Zoom for free at <https://zoom.us/download> or get the Zoom app on the App Store or the Google Play Store on your respective smart device. There is also an option to call in with your phone. You can email or call Richard for more information.